



## **Katy Dojo LLC**

**Sensei Siamak Tavakoli**

Phone: 281-795-2959 E-Mail:KatyDojo@gmail.com

# **10. KYU White Test (Age4-7)**

Waiting Times: Children: 2-3months, requirement for all minimum 2x per week training.

## I. Kihon: Each 5 times

1) Choku Zuki	Chudan	Stand	SHIZENTAI (Yoye)
2) Choku Zuki	Jodan	Stand	SHIZENTAI (Yoye)
3) Choku Zuki	Gedan	Stand	SHIZENTAI (Yoye)
4) Gedan Barai	Gedan	Stand	SHIZENTAI (Yoye)
5) Soto – Uke	Chudan	Stand	SHIZENTAI (Yoye)
6) Age – Uke	Jodan	Stand	SHIZENTAI (Yoye)
7) Hiza- Gari (* )	Chudan	Stand	SHIZENTAI (Yoye)

## II. Dojo Kun: Each 5 times

1-Seek Perfection of Character, 2- Be Faithful, 3-Endeavor, 4-Respect Others, 5-Refrain from Violent Behavior.

## III. Dojo Etiquette & Rules: